

# Public Is Urged To Heed Nature's Warning

**Thousands of People Suffer Permanent Loss of Health Because of Neglect—Nature Has Set the Danger Signals for Us and We Cannot Afford to Pass Unnoticed the Warning That She Gives Us.**

Good digestion means good health; bad digestion means bad health. A sound stomach is worth a hundred times its weight in gold. Probably eighty per cent. of all diseases originate in the digestive organs. Dyspepsia, or what is more commonly known as indigestion, is not only one of the most prevalent, but it is one of the most difficult to treat of all present day diseases, and has for years baffled the skill of leading specialists everywhere.

Stomach trouble is almost always followed by a complication of diseases. One of the first being an overworked liver, with all the symptoms of biliousness, followed in turn with headaches, coated tongue, nausea, dizzy spells, pain in the back, palpitation of the heart and other distressing symptoms. Sooner or later the kidneys will become involved and that is just why these danger signals should be heeded in time. A wise man puts out the fire before there is too much destruction; the same theory should apply to stomach trouble.

Gas in the stomach means fermentation instead of digestion; decay, instead of nutrition for fermentation produces poisons, which are absorbed by the blood, and which frequently bring on the condition known as auto-intoxication or self-poisoning. This is also why we develop acidosis, which brings on so many hardening of arteries, high blood pressure and other conditions, which may mean permanent loss of health. Acidosis is one of the main forerunners of Bright's disease and diabetes, hence it is evident that if we have stomach trouble, however slight, we are foolish indeed if we do not take prompt steps to correct it.

If we are not fit as a fiddle in the morning; if we don't feel better than when we went to bed; if our breath is offensive; and we have that bad taste in the mouth; nature has set the danger signals for us and we cannot afford to neglect the warning that she gives us. That is just why the demand for Tanlac, the great Stomach, Systemic and Reconstructive tonic has broken all world's records.

The American people have learned that it probably provides the surest, safest and quickest remedy for all such troubles, and millions upon millions have taken it with the most astonishing and gratifying results. Tens of thousands of men and women of all ages and in all walks of life afflicted with stomach, liver and kidney disorders, some of them of long standing, as well as thousands of weak, thin, nervous men and women apparently on the verge of collapse have testified publicly that they have been fully restored to their normal health, strength and weight by its use. Still others who seemed fairly well, yet who suffered with indigestion, headaches, shortness of breath, dizzy spells, sour, gassy stomachs, coated tongues, foulness of breath, constipation, bad complexion, loss of appetite, sleeplessness at night and terribly dejected, depressed feelings state that they have been entirely relieved of these distressing symptoms and restored to health and happiness by Tanlac.

NOTE: Tanlac Vegetable Pills are an essential and vitally important part of the Tanlac Treatment wherever constipation is present.

You cannot hope to get satisfactory results from the Tanlac Treatment without first establishing a free and regular movement of the bowels. It stands to reason that no treatment can do the greatest amount of good when you are suffering from constipation or biliousness, or when your system is clogged up with waste products and poison.

Tanlac and Tanlac Vegetable Pills are sold by all leading druggists. (adv)

## A CRIME AND ITS LESSON

It is a sickening story that comes from Burke county, N. C. A prominent citizen of the community, a county official, while under the influence of whiskey, cut his wife's throat and killed her.

He was a good citizen when sober, we are told, and loving husband. But whiskey made him a maniac and drove his wife into a premature grave.

He was filled with remorse when he got sober, of course, and the remorse will abide with him every minute for the remainder of his days.

He may be brought to trial and convicted and given the supreme punishment for the crime which he committed while in his crazed condition, but this will not atone for the crime; and the ends of justice will not be met until the man who made the whiskey and the man who sold it are convicted and given the full penalty of the law.

There is no doubt about it. The men who make and sell whiskey in violation of the law should be required to suffer the same penalty as those who commit crimes while under the influence of whiskey.

This horrible affair in North Carolina will make good people everywhere more determined than ever to stamp out, root and branch, whiskey making and whiskey selling.

## SUMMER PASSING BY: COOLER WEATHER FORECAST

Summer is on the wane. Weather Bureau officials said so, and then backed up their statement with formal forecasts of "frost, colder, much cooler," for the Northern portion of the country.

Temperatures which ranged around freezing or below in Montana and Wyoming will begin to fall in the Middle Western States and before the new weeks gets far under way there will be a change for the cooler all the way eastward to the Atlantic Coast.

The decline in temperature will not be so decided east of the Mississippi as has been experienced in the snow covered regions of Montana, they declare.

## Superstition Concerning Caul.

The caul is a thin membrane found encasing the head of some children when born, and it is considered a good omen for the children themselves. This superstition probably became widespread about the time of the Emperor Antoninus Pius. When he was born he had a band of membrane around his forehead in the shape of a diadem, and he attributed all his good fortune to this caul, and this started the sale of them. A few sailors carrying them who then happened to be saved from shipwreck directed the superstition toward mariners.

## SOME PLAIN TRUTHS

Herbert Hoover, in a speech in Boston the other day, gave utterance to some plain truths which must appeal to all thinking persons, of whatever political persuasion. He discussed the industrial and financial situation of the world in general and in this country in particular at some length, and wound up with the following:

"But when all is said and done, the best cure for all depression is courage and applied intelligence and the return to the primary virtues of hard, conscientious toil and economy in living. On every side there is evidence that the vast majority of our whole nation is making an effort again in these directions, equaled only by that of 1918. While our recovery may be slower than some may expect, nothing can prevent the prosperity of a country where the people have enlightenment, the wish to work, the wish to produce, and the wish to do right by their neighbors."

"We are a nation of men, women and children. Our industrial system and our commerce are simply instruments for their comfort and happiness."

"When we deal with these great problems of business and economics we must be inspired by the knowledge that we are increasing and defending the standards of living of our people. Upon this soil grow all those moral and intellectual forces that make our nation great."

This is about the most statesmanlike utterance that we have read in some time. It is inspirational.

The fact that the resources of this country are so great, and the people of the country themselves are so great that we will not have any serious business depression for very long at a time.

And the more steadfast we are to the principles of common honesty and decent living, the more enduring and unassailable will be our prosperity.

## PARIS TESTIMONY

Home Proof, Here, There and Everywhere

When you see Doan's Kidney Pills recommended in this paper you must always find the recommender a Paris resident. It's the same everywhere—in 3,800 towns in the U. S. Fifty thousand people publicly thank Doan's. What other kidney remedy can give this proof of merit, honesty and truth? Home testimony must be true or it could not be published here. Read this Paris recommendation. Then insist on having Doan's. You will know what you are getting.

O. T. Sprake, contractor and carpenter, 304 Main street, says: "I have been a sufferer from kidney trouble for many years, but Doan's Kidney Pills is the best medicine I have ever been able to find. They always give me fine relief and I can't recommend them too highly. I have been in bad shape at times and backache caused me to lay off work for several days. I was greatly annoyed by the frequent passage of the kidney secretions, which contained a sandy sediment. Whenever I have any need for such a medicine I use Doan's Kidney Pills and it doesn't take long to fix me up in good shape." Price 60c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mr. Sprake had. Foster-Milburn Co., Mfrs., Buffalo, N. Y. (adv)

## PROFESSOR PREDICTS HARD WINTER IS COMING

That next winter will be a cold one is the indication of weather data compiled by Dr. C. F. Brooks, formerly meteorologist of the Federal Weather Bureau and now associate professor of meteorology and climatology at Clark University.

An analysis of the weather records of more than a century indicates that we are experiencing a series of alternations of severe and warm winters. Last fall, on the basis of his investigation, Dr. Brooks said that last winter would be warm. It was.

Now he says that it is not unreasonable to expect that next winter will be a cold one, and that the winter of 1922-23 will be a warm one.

## GIRLS! LEMONS

BLEACH FRECKLES AND WHITEN SKIN

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White, which any drug store will supply for a few cents, shake well, and you have a quarter pint of the best freckle and tan bleach, and complexion whitener.

Massage this sweetly fragrant lemon lotion into the face, neck, arms and hands each day and see how freckles and blemishes bleach out and how clear, soft and rosy-white the skin becomes.

(T-1f)

## Few Attain Old Age.

Of a thousand persons only one reaches the age of one hundred years, while only one couple in 11,000 live to celebrate their diamond wedding.

## U. S. PLEDGES BURLEY LOANS.

WASHINGTON, Sept. 16.—Financial support from the Federal Government in the marketing of the 1921 Burley tobacco crop, through the Burley Growers Co-operative Marketing Association, organization of which is now nearly completed, was definitely assured Wednesday, following several conferences between representatives of the preliminary committee of burley growers and Treasury Department officials.

Two important results obtained from the conferences, which, according to the committee representatives, guarantee the successful handling of the crop by the association, are:

First, definite assurance given by the War Finance Corporation that if the burley growers organize under the proposed co-operative marketing plan, the corporation will give any application made by the association the same consideration that already has been given to similar organization of cotton growers, advances to which have been in excess of 50 per cent of the value of the crop.

Second, presentation to the Federal Reserve Board of a request for a ruling that a grower's drafts on the association, accompanied by weight tickets, shall be classed as agricultural paper, and indications of the officials that a favorable reply may be expected, which would entitle such paper to six months credit, rather than three months allowed commercial paper.

Answers Last Criticism. Early in the afternoon, the delegation representing the tobacco organization held a conference with the Board of Directors of the War Finance Co-operation, at the conclusion of which confidence was expressed that the Federal authorities are ready to back the burley co-operative marketing movement, being organized in forty-one counties in Kentucky two in Ohio and two in Indiana, to the same extent that it has been assisting similar organizations of cotton growers. This, it is held by the tobacco growers' committee, insures the financial stability of their organization from all criticism.

Those representing the marketing association at the conferences today were:

Judge Robert W. Bingham, Louisville, chairman; James C. Stone, Lexington; William E. Simms, Spring Station; James C. Wilson, Louisville; Charles N. Manning, Lexington, and W. C. Montgomery, Elizabethtown.

Statement On Conference. Following the meeting between this delegation and the War Finance Corporation Board, Judge Bingham issued the following statement:

"The War Finance Corporation held a conference this morning with a committee representing the marketing co-operative association now forming to merchandise the Burley tobacco produced in the United States, and after going over the plan of organization, stated to the committee that the board had heretofore agreed to advance in excess of 50 per cent of the value of certain crops, such as cotton, to co-operative marketing organizations formed on the California plan, this plan being the one adopted by the burley growers, and that if the burley growers organize under this plan and apply to the board, they may expect the same consideration given to similar applications, due regard being had to general conditions, financially and otherwise, and the proper organization and management of the burley growers' co-operative association."

## Kills Doubt Of Success.

"The War Finance Corporation Board has assured us that the Burley Growers' Co-operative Marketing Association will be given the same consideration that these other groups have received," said James C. Stone, Lexington, vice chairman of the committee. "That is all we could ask for, and in all probability is considerably more than we shall need. The attitude taken by the corporation officials removes every possible doubt of the successful financing of the burley growers through this association."

## BUSINESS FAILURES

R. G. Dunn & Co. report that business failures are declining. They have fallen from 1,895 for the whole country in January to 1,200 in June. The prospects are bright for continued decrease. The note of improvement is beginning to drown out the chorus of alarm.

One of the financial experts says that many of the failures, although it may seem unkind to say so, are excellent signs of returning business solidity, for they have occurred where business had been built upon inflated standards and conducted along unsound, wasteful lines.

This sort of business is gradually disappearing, as it should. The firms which weather the depression will be of the type entitled to endure because their methods are sound and represent real service to the public in return for the profits reaped.

In the meantime deflation goes rapidly on. It is said, by those in a position to know, to have traveled as far in one year since the world war as it took several years to cover after the civil war.

It is a rather painful process, to be sure, but maybe it will mean that the return to normal business conditions will be all the more rapid. It will do no harm to hope for it, and to plan for it, at any rate.

## The Time May Come.

"Dis world is gnetter be all right," said Uncle Eben, "jes' as soon as de crowd cheers a kind word or a generous action de same as it does a home run."

Norway has no less than 8,000 motor vehicles.

## Do you discriminate at the dining table—or are you thoughtless?

In thousands of homes, a "line" is drawn at the breakfast table. Tea or coffee is served for "grown-ups" and Postum for children. But some parents do not discriminate. Caffeine and tannin, the injurious contents of coffee and tea, seriously retard the development of the delicate nerve tissues in children.

an older person, but in many cases the nervous system and allied bodily functions will become weakened. The surest way to avoid such possibilities is to quit coffee entirely and drink Postum instead. The change permits you to get sound, restful sleep.

Postum is the well-known, meal-time beverage. Like thousands of others you will like it because, in flavor, it is much like a high-grade coffee.

Do away with the distinction at the table. Serve delicious Postum, piping hot, to all the family. One week's trial and it is likely that you'll never return to tea and coffee.

Postum comes in two forms: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes.

Consequently, instead of rich, satisfying Postum, children are overstimulated by the drugs in tea and coffee; and so may grow up irritable and nervous. Any doctor can tell you that this is a great evil and should be corrected.

Although some parents feel a certain justification for the personal indulgence in coffee, yet the harm to them may be equally serious. It may take a little while longer for the drugs in coffee and tea to affect

Postum for Health There's a Reason

## Welding - Repairing

We are now in a position to handle all classes of Oxy-Acetylene welding and cutting, as well as general machine repair work.

## Prompt Service

We solicit your inquiries when in the market for Gas or Kerosene Engine Power.

HAGAN GAS ENGINE & MFG. CO.

(Incorporated)

WINCHESTER, KENTUCKY

(aug16-1f)

## Bourbon Laundry

DAVIS & FUNK, Proprietors

Telephone No. 4

West Fifth Street



SATISFACTION OUR WATCHWORD!

With all the latest improvements in laundry appliances and expert helpers we are prepared to do work inferior to none, and solicit your patronage.

## The Bourbon Laundry

Paris, Kentucky

## TURNER & CLAYTON

HIGH GRADE STAPLE AND FANCY GROCERIES

334 Main Street

Cumb. Phone 423

## Don't Overlook FELD'S Shoe Store

When ready for your fall and winter footwear. WE CAN PLEASE YOU IN QUALITY AND PRICE

Bourbon News Advertisers Get Results



## KEEP COOL

With a Westinghouse Electric Fan

We have them all sizes. Special cash discount. Call and see our stock.

T. W. SPICER

MAIN STREET

OPP. COURT HOUSE